



# Mera Parivar

Annual Report

2013  
-  
2014

## **Content**

- Vision / Mission
- Massages
- Migration cycle on the children and on their education
- Women Empowerment
- Women Empowerment in the Rajiv Nagar, Slum in Gurgaon, Haryana
- Mera Parivar Gallery
- Case Study
- What are human rights?
- Human Rights
- Human rights in India
- Vocation course
- Mera Parivar activity observes event celebration
- Mera Parivar - Chart
- Mera Parivar-Balance Sheet

### **NERA PARIVAR**

#267, Sector-14, Gurgaon,  
Haryana-122001

Phone : 9313037887

e-mail : [meraparivar@gmail.com](mailto:meraparivar@gmail.com)

[www.meraparivar.org](http://www.meraparivar.org)

## Vision

**Mera Parivar's vision is to create an equal, just, and sustainable environment in which the poor are empowered to demand their rights and the non-poor are encouraged to become active, supportive citizens, advocating an effective and accountable state, and making markets work for those less privileged. The overarching vision of Mera Parivar is "right to life with dignity"**

## Mission

**Mera Parivar is committed to working towards empowering and enabling communities, children, women and youths, through education, building capacities and human resources to realise their full potential and self-reliance; giving them the power to control their own lives and their future.**

**Mera Parivar facilitates the engagement of its stakeholders with NGOs and civil societies, individuals, private bodies and government agencies that influence their lives, and**



## Programme



**Mid Day Meal for Children**



**Beauty Course**



**Income Generation**



**Computer Training**

## Messages

It is time of year when I see all the initiative of last year is taken to further with Mera Parivar mission of making India for the community transforming (Children, Youths, women).

Last year brought good news as India became the first country to make Corporate Social responsibility mandatory under the Company Act 2013. This is a significant move towards achieving sustainable & inclusive growth of Country

Mera Parivar providing nutritional supplementary and elementary education to make slum children engage in recreation and creative activities for ensuring for proper cognitive and attitudinal growth.

Mahila Mandal gives poor women learn new ways to support family where these women get extra income to support family. Mera Parivar empower app 600 women in Rajeev Nagar Gurgaon in one year

Computer training equip the youth with skill in basic computer, tally, Photoshop, Coral etc facilitating placement of trained person in a suitable job and ensuring better work and environment.

On behalf of 150000 people in Rajeev Nagar that were been part of our projects.

I would send my heartfelt thanks to all donors . Look forward your continue cooperation in year ahead.

I congratulate my Board members, Volunteers,

Team for indefatigably bolstering My name is Beatriz Delfa, from last December of 2014 I joined with Naya Nagar team as a manager projects in India. From this moment I started to work hand by hand with Direction and team of MeraParivar with the wish to improve the quality and efficiency of this NGO. During this months, we was planning how we can help more the community of Rajiv Nagar, how we can strive to improve projects, how we can to be better team day by day. In my opinion, this year is a new opportunity for grown together: MeraParivar and Naya Nagar, because we are find the same way, same objective: improve communities for reduce social inequalities.

We are only at the starting point. Now we face the change, the change towards improvement. We want that more people support us in this change. That more and more people begin to walk with us in search of the same goal.

Finally, I thank all the team of MeraParivar for making me to feel at home from the first day of



**Anil Landge**

2013 has been a year full of changes for MeraParivar's Project. Many new people have joined the team, which means many new ideas, new strategies suggested and lots of new energy for the programs. We, have faced many difficulties with the team's changes but with hard work and lot of care for MeraParivar project, we can proudly say that there have been lots of good results. We, Naya Nagar, are very happy and proud of being MeraParivar's counterparty in India and being able to learn and walk beside its team during this incredible adventure. Five years have been completed since we first started supporting MeraParivar and looking back at 2008 it is incredible to see the improvement of the project and the solid relationship with have built with MeraParivar's team and with Rajeev Nagar's community. However, there is still lot to do and we are very excited about the new projects and the hard work that there is still to do with MeraParivar.



**Arancha Martinez**

As we come to an end of this financial year, at the outset I am extremely glad to state that it has been an eventful year. This year we have been able to generate awareness on several schemes and benefits for the under privilege and the poor. Many have gas connection, open bank accounts, BPL cards have been issued to them and Today many of them feel a sense of dignity in this City. We have witnessed smiles with our women, learning skills and generating small income for their families. Many women of them were also confident today and have spoken out their minds and thoughts.

Our informal education center is full of children activities. This is a constant reminder of our responsibility in building the future generation. This is one of the core thrust of MeraParivar and I am happy to note that we have done meaningful work in these field with over hundred children being admitted every year. We also produce bright students who had done excellent in their studies. We look forward to your continued guidance and support in building the marginalized and dis advantage communities.

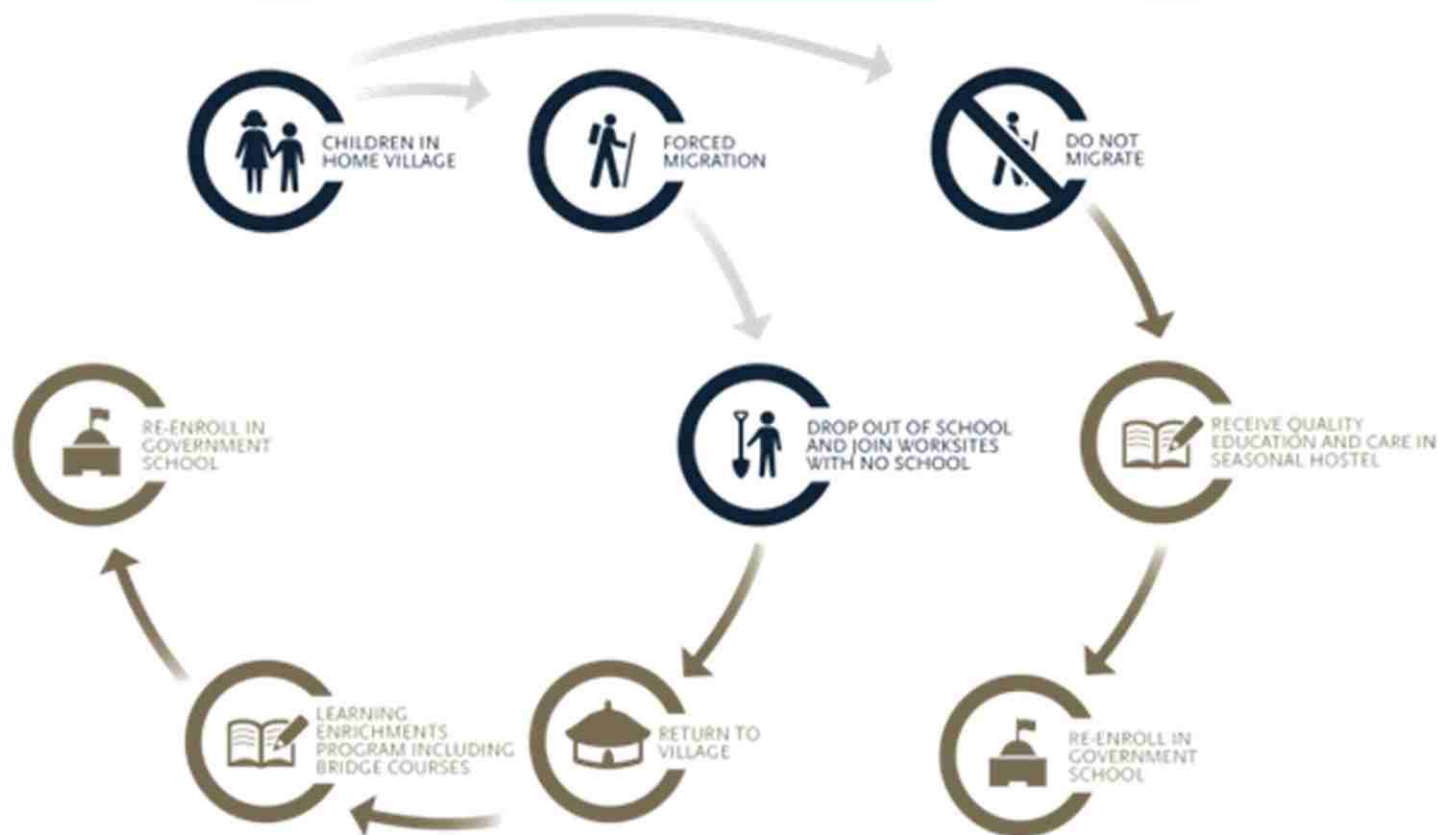


**Reena**



**Beatriz Delfa Rodriguez**

## Adverse effects of frequent migration on the children and on their education



**A**cross India, approximately 72 million people migrate from their villages in remote rural areas every year in search of labour, uprooting entire families for up to eight months at a time in hazardous work sites like salt pans and brick kilns. All too often, children are forced to migrate with their parents, leaving behind their schools, friends, and communities. Many of these children, due in part to uneducated parents, never enter schools at all. For those who do, migration often results in these children dropping out of school at a very young age and being forced into working in areas that lack access to basic services like education and healthcare, and where nutritional, health, and hygiene standards are negligible. Children who are lucky enough to be enrolled in Mera Parivar's informal schools are pulled out of class in the middle of the academic year when migration season begins. When they return home months later, they are drastically behind grade level and eventually are forced to repeating the grade. This educational gap continues to grow wider as the child struggles



to learn, contributing to India's high dropout rate.

Mera Parivar consists of two primary interventions – education for children, through regular schooling and an enriching learning program, and community-based advocacy through the national Right to Education Act of 2009. Children of migrants with learning deficiencies are given individual attention to accustom them to mainstream schooling. In addition to basic literacy skills, they also learn many important age-appropriate life and social skills from which the pattern of migration had excluded them, including personal health and hygiene, working in a group, art and games to play with other children. They gain the knowledge as well as the confidence to express themselves and set their own goals. Working directly with



## Children

Indicator	2013
Students in our school	132
Scholarship students in private schools	44
Students inserted in the educational system without a grant	20
Persons employed	15
Indirect beneficiaries	2247

## Evaluation

Course	No of students	No of student drop	No of student
Approve	Next in our centre		
Education Centre	132	35 (18%)	97 (49%) 65 (33%)

## Data, graph, case study school

Number of Children enrolled - 132

Number of Children drop out or gone to village - 35

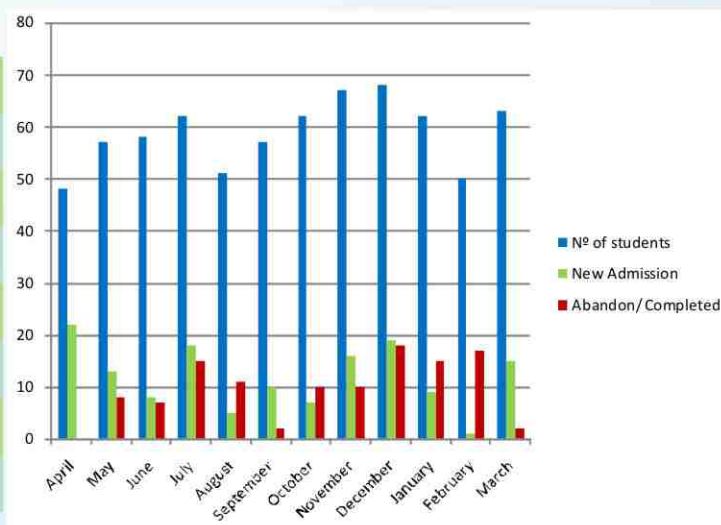
Number of Children pass - 68

Number of Children gone to other school - 29

Till date number of student reach out by Mera Parivar -

Cumulative figure - 1050

Indirect reach out - 7500



### **Promoting Gender Equality and Empower Women :**

**Towards realisation of Millennium Development Goal overall objective of which is to improve the quality of life of women through providing basic technical training & training in economical trading**

#### **Objective:**

- **Poverty alleviation and decrease in ratio of unemployment**
- **Provision of strong source of income for women especially those in need**
- **To build up the capacity of women by empowering them both socially as well and economically**
- **To strengthen & train hard working women through advanced vocation training techniques in an attempt to make them self-reliant**

**M**igrant women in Rajiv Nagar, as in many other parts of the country, are vulnerable to exploitation and marginalisation. They are uneducated and dependent on their husbands. Due to extreme poverty, these women are often forced to work alongside their husbands. They too are employed in factories, construction sites and industries. Yet despite them doing the same job as their male counterparts, the wage gap is prevalent. If not hired in these industries, they are employed as domestic helpers.

These women, along with their families, come to the city accompanying their husbands seeking employment and basic livelihood.

In India every second young child is malnourished, making up about one-third of the world's malnourished children. Less than 1/4 of rural population use toilets.

Approximately 42% of households in India are without basic toilet facilities. According to the gender index only 4 out of 10 girls complete their eight years of schooling. The Government of India MDG Report of 2009 said that participation of women in employment and decision-making remains far less than that of men, and this disparity is not likely to be eliminated by 2015. Achieving GPI in tertiary education also remains a challenge. In addition, the labour market openness to women in industry and services has only marginally increased from 13 to 18 percent between 1990-91 and 2004-05.

Though India had made progress in terms of eradicating of polio, significantly increasing its literacy rates and increasing the enrolment of both boys and girls in primary school, there is no progress in terms of health care and community-based nutrition services. Issues related to child protection, dealing with trafficking and child labour are becoming increasingly more serious. Natural calamities have further deepened this discrepancy, pushing children, women and other ostracised communities further towards the periphery of development.

In an attempt to eradicate poverty, hunger

and diseases affecting billions of people in the world the United Nations, in 2002, commissioned The Millennium Project. It proposed Investing in Development with a Millennium Development Goals in partnership between rich and poor countries.

To achieved our aims and objective of gender equality and women empowerment (in line with the MGD goal) Mera Parivar works with migrant labourers in skill building, the first step to income generation which would subsequently lead to empowerment and gender equality.

Mera Parivar believes that one of the keys to women empowerment is economic independence. Many women are made vulnerable by their poverty. An additional problem and challenge for women is their uneducated status. This is why Mera Parivar believes the improvement in economic situation of women is of utmost importance.

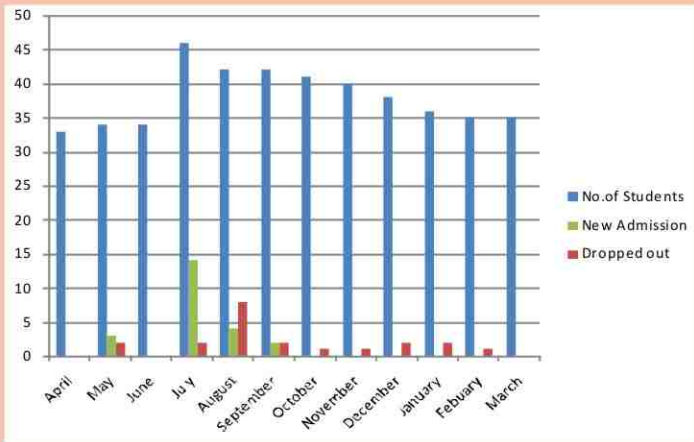


Mera Parivar initiates income generating activities for women. Since they are unskilled, these women require training for certain trade and work.

Mera Parivar started training for tailoring and designing for women in 2008. This initiative was widely appreciated and successful. Over 50 women come under this project every year.

Tailoring is one of the most important skills in urban areas, where it is the very basic skills required for women, for both their household use and as a mode of income. This is also the basic skill that serves as the beginning point for these women, who otherwise would have no opportunity in other sectors.

## Women Empowerment in the rajiv Nagar, Slum in Gurgaon, Haryana



### Data, graph – case study women

Number of women enrolled in sewing class - 71

Number of women Complete course - 38

Drop out -6

(continuing- 17)

Number of working - 21 (Working from home)

Till date how many women got livelihood skill - 165

Cumulative till date - 535

Number of women enrolled to beauty culture - 35

Complete course - 18 (Dropout-9, continuing- 8)

Number of women working or became enterprise - 18  
(Working from home)

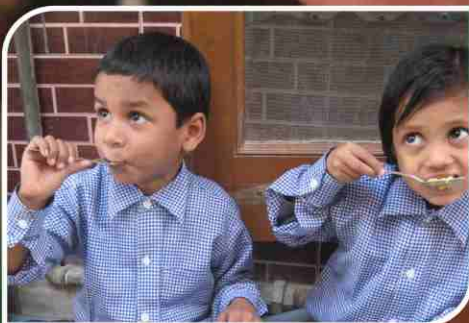
Number of women became role model - 35

Cumulative till date - 148





## Mera Parivar Gallery



## Case Study

Ten year old Alka comes every afternoon to Mera Parivar for tuition. Regularly arriving early, she is content to sit and patiently wait for her teachers and peers to arrive.

Alka is neat, clean and well behaved girl who comes off as shy. When talking about her schooling and her future however, her face lights up as she confidently explains her dream to become a school teacher. A hardworking girl, she comes for afternoon tuition to improve her knowledge and excel in her studies. Her first experience with education began in Mera Parivar. She then proceeded higher classes in Green Dales Public School, where she is currently a student. Tuitions are where she receives the majority of her academic help in several subjects, including her favourite subject math. Academic aids varying from help with homework to preparations for examinations are provided to her and her peers.

Her father works in a company and her mother as a trainer in the Skill Development on



Seventeen year old Deepsika first learned about the Mera Parivar Training Centre for tailoring from a friend. Having just passed her matriculation, she has been admitted to a Government Higher Secondary School in Gurgaon in Class 11 (Arts). Her father works in a transport company and mother is a housewife.

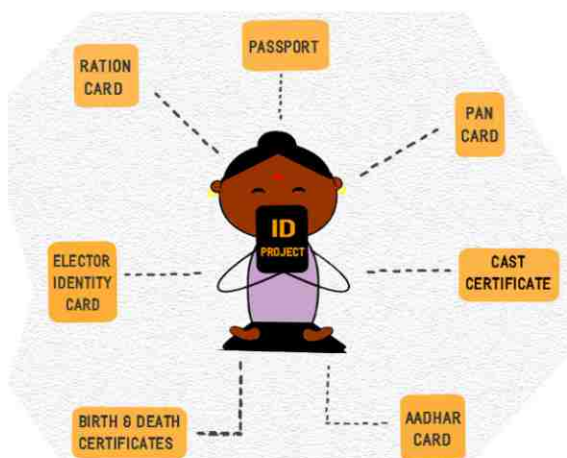
Deepsika is currently taking a six month long Tailoring Course, as she is a firm believer of the importance of possessing a certain set of skills. She ruminates that even if she does not get the chance to open her own boutique, it is still a valuable talent which would enable her to become more helpful and self-reliant in matters of stitching and sewing clothes for herself and for her family. Mera Parivar's Course turned her from someone who, in her words, didn't even know how put together a needle and a thread, to one who can now stitch her own dress.

A hard working and mature young woman, Deepsika goes to class in the morning and comes to Mera Parivar for training in the afternoon, using her time management skills to move forward with her training while continuing her education. She has recently expressed her interest in dabbling with beauty training and vocational computer classes upon completion of her senior secondary schooling, a course she considers highly important for getting a job



## What are human rights?

Human rights are rights inherent to all human beings, whatever our nationality, place of residence, sex, national or ethnic origin, colour, religion, language, or any other status. We are all equally entitled to our human rights without discrimination. These rights are all interrelated, interdependent and indivisible.



## Human Rights

**O**bjective: The primary objective is to improve the living conditions of human beings and help them meet basic human needs, with special focus on people who are oppressed or those living in poverty.

**ID Project:** We want to relentlessly work towards ending various form of social injustice such as discrimination, oppression and poverty through a coordinated effort that includes, advocacy, social action, policy development and implementation, education, research and evaluation.

- Create the awareness of rights of the people of Rajiv Nagar.
- Inform people that as citizens of India, they are entitled to many facilities and schemes that the government provides, especially for those in need.
- Inform them that in order to receive benefits from the government they need to have an identity of their own and thus apprise them of the importance of ID such as voter's ID, Aadhar cards, pan cards, bank accounts, etc.
- Help them out with various documentation if they are illiterate.
- Empower the people with the knowledge available, also the skills in writing & presenting applications.
- Number of beneficiary of Govt schemes made available to community

Old age	2
Widow	2
Gas connection	3
Adhar	139
Ration Card	35
Voter Card	63
Cast certificate	1
Birth certificate	14
Ladli Scheme	18

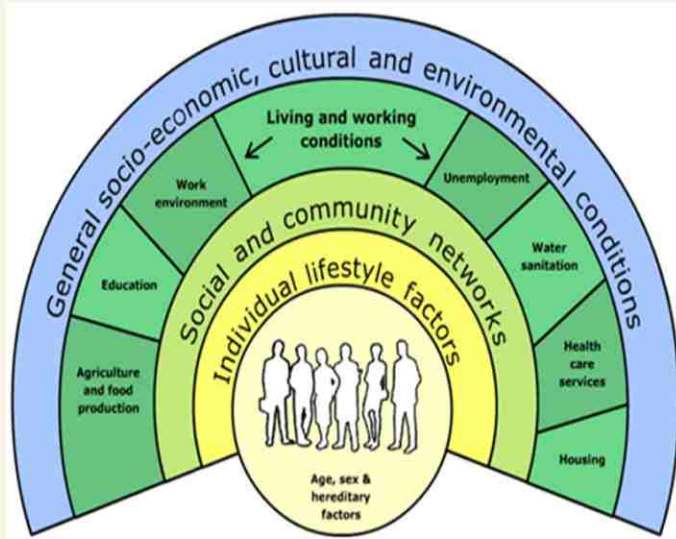
**Intervention:** Intervention framework proposes an interaction between one major factor: social understanding. It allows the individual assessment priorities of children & their family condition. The Intervention Program offers a variety support services to students and their family:

- family counselling, home visits, and parent support groups
- special instruction
- social work services
- service coordination

**We stage an intervention, when:**

- A student has a bad result
- When fees are not paid
- When there is regular absenteeism
- When they do not come for tuition classes offered





Number of student enrolled to computer course	39
Complete course	28
Number of student got job	4
Cumulative till date	79
Number of student enrolled	39

## Ms. Pooja Sharma (age about 19)



Pooja Lives with her parents in Rajiv Nagar, Gurgaon. Her parents came to Gurgaon with their children from Rajasthan for better livelihood and better education for their children. In Gurgaon, they live in a rented accommodation. Pooja is a student at the Delhi University. Pooja is the eldest of three sisters and one brother. They all go to a nearby school in Rajiv Nagar.

Poojas father works as a Security Guard in a company in Gurgaon. Her mother is unemployed and a home maker taking care of house work and her children.

Pooja came to know about the Computer course in Mera Parivar from the Publicity leaflets and banners that were on display at Mera Parivar and in the vicinity of the office in Rajiv Nagar. She then came to enrol for the basic course in Computers. This she attended while doing her graduation. She is an intelligent student, who completed her full three months course at Mera Parivar, even while she is continuing her study and helping her mother in house hold work and her younger siblings. Due to her hard work after her completion, Pooja got admission for internship as a Chartered Accountant.

Pooja is one of the promising students of Mera Parivar, who has the skills to pursue future professional careers in the competitive world.



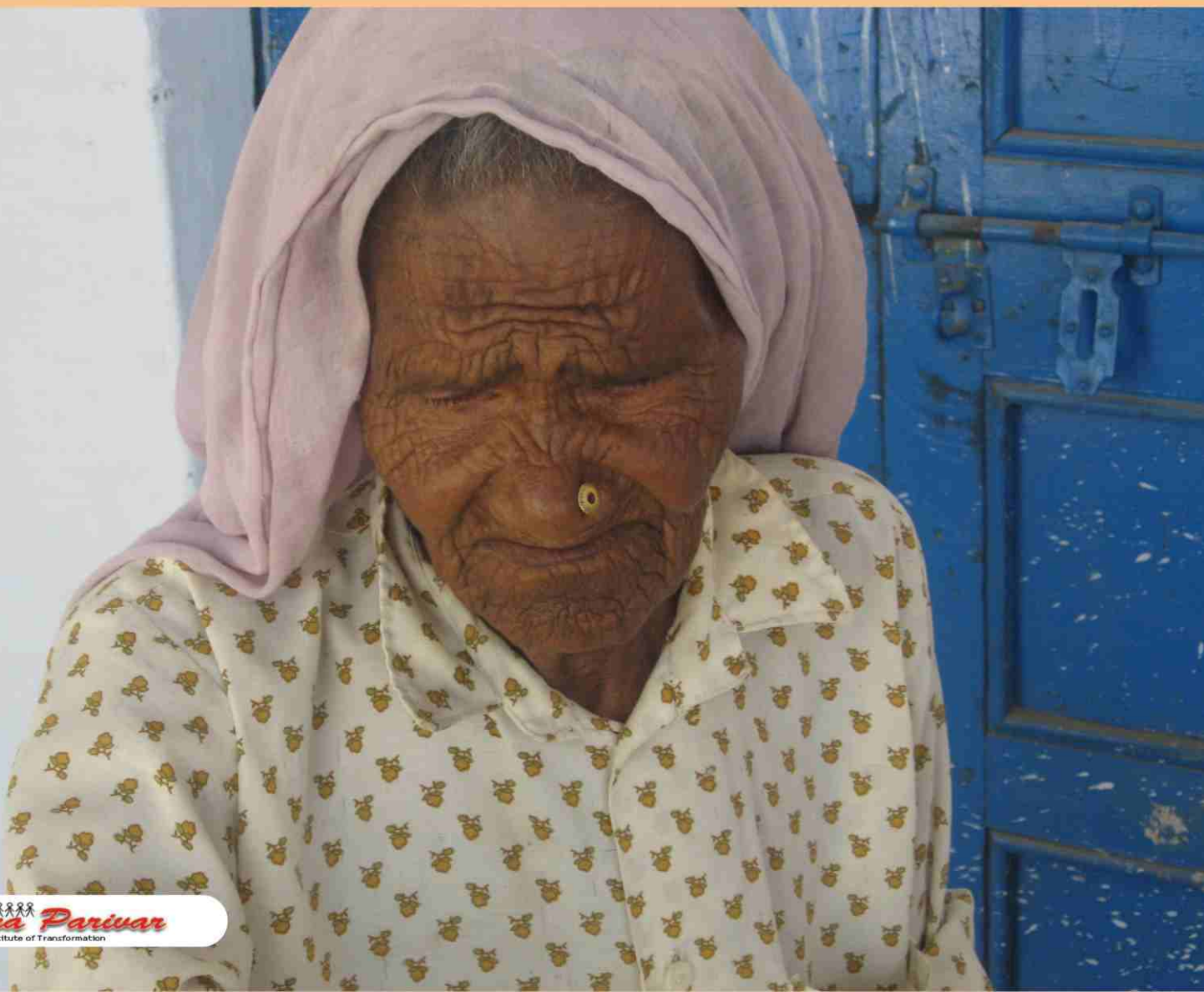
## Human rights in India

**H**uman rights in India is an issue complicated by the country's large size, its tremendous diversity, its status as a developing country and a sovereign, secular, democratic republic. The Constitution of India provides for Fundamental rights, which include freedom of religion. Clauses also provide for freedom of speech, as well as separation of executive and judiciary and freedom of movement within the country and abroad.

This is a story of an old Jain couple staying in Rajiv Nagar. Anand Kumar Jain and his wife Madhu ran a small shop selling chips and sweets. As this was their only source of income, the couple found it difficult to make ends meet. Their financial burden was added to by Anand's health issues, which included asthma.

We met this family and assisted with the paperwork required for the couple's old age pension. Just as we neared completion we were devastated to hear about the sudden demise of Mr. Anand. We went to see the grieving family and to comfort his distraught wife. In place of a death certificate, the family only presented a handwritten bill from the shop where the wood for Mr. Anand's last rites was purchased. The crematorium did not supply the family with a death certificate. When we came to know about this we ran to an MLA's office to get an approval letter and then went to the municipal office with that approval to apply for a death certificate. Finally, after running from pillar to post we got it. As all the papers required were almost ready, instead of old age pension, we helped Madhu Jain fill up a form of widow pension and hope that she will be getting Rs. 750/- per month.

This gave us a sigh of relief as we helped the dream of Late Mr. Anand Jain to get some govt. grant come true. This was also a very emotional thing for his wife to get a widow pension.



## Mera Parivar activity observes event celebration

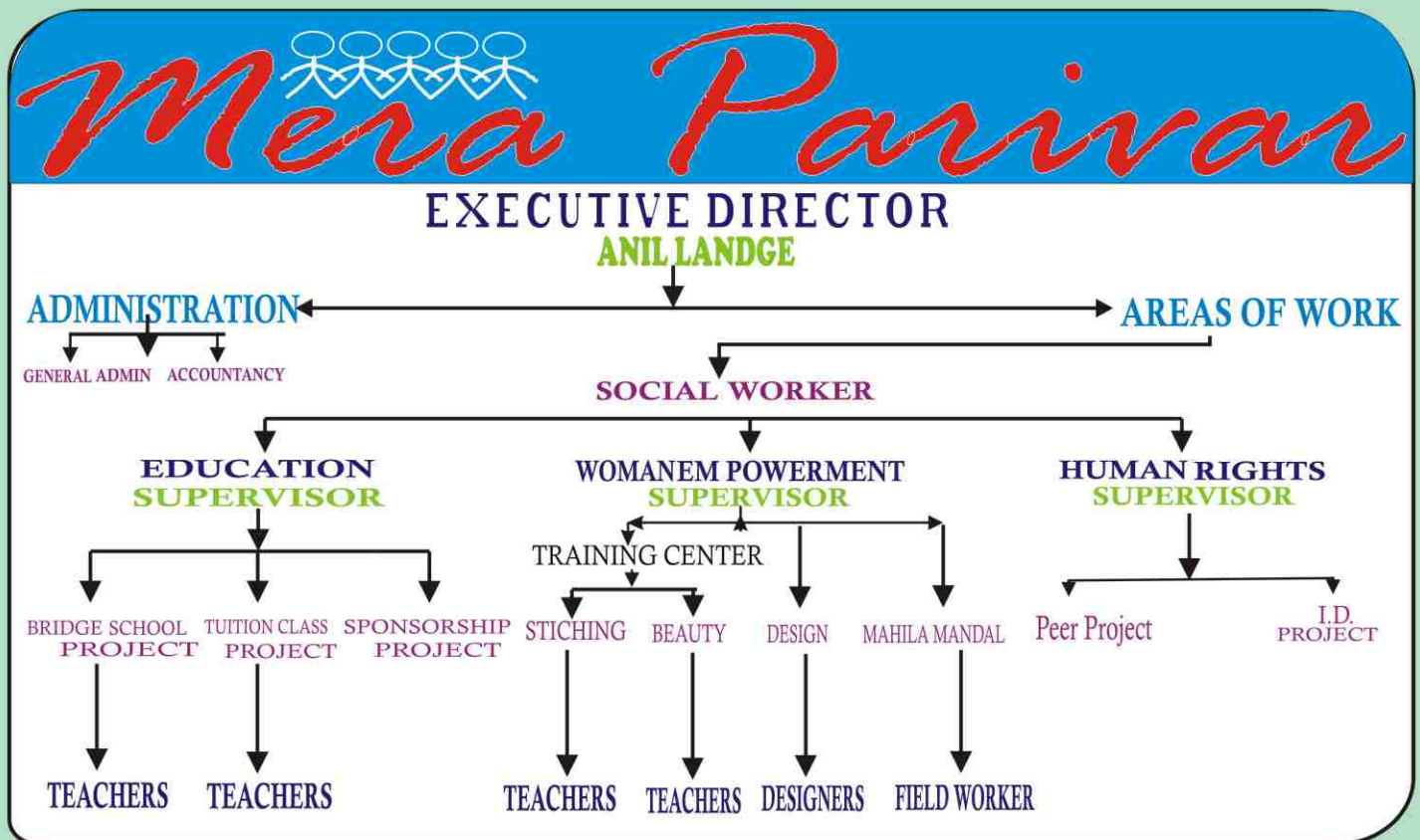
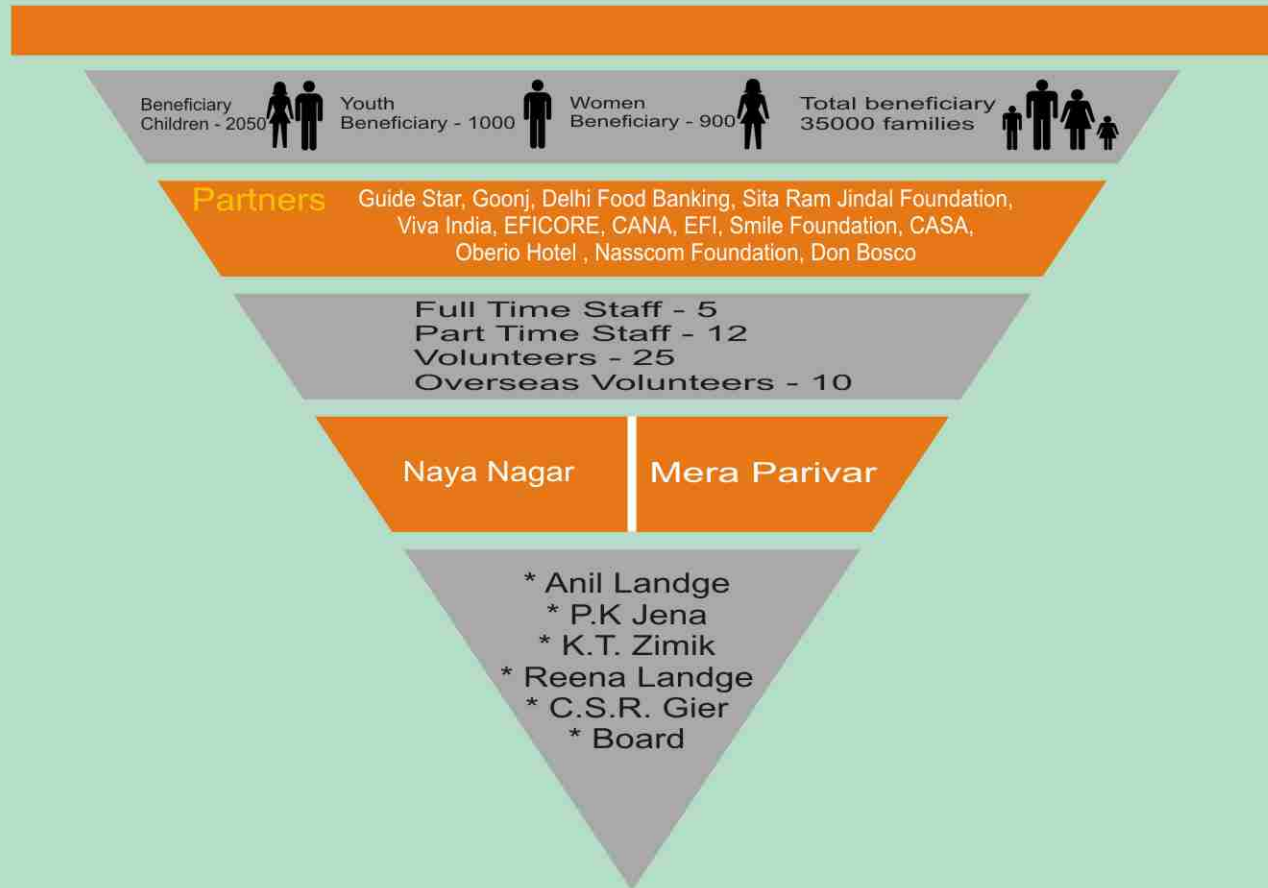
250 pairs of Shoes and Purse distributed for Rajiv Nagar slum dwellers and Mera Parivar family. Both children's and adult shoes are very helpful for the receiver as it an all weather shoes that can be used for every season. This shoes and purse were distributed 2 times in the last year.

- Toys distribution – 200 Children were given toys in the Mera Parivar informal school. This made the children happy and made them excited for coming to school. The toys made them enjoy the school. (Sponsor by Toy Bank)
- Blanket – Winter in Gurgaon are very harsh and biting cold. During the last winter Mera Parivar distributed 100 blankets to the poor and the needy, including roadside hawkers and shoe cobblers. This kept many people warm during the winter. Sponsors were CASA
- Clothes distribution – whenever Mera Parivar got a donation from well wishers and friends, it distributed it amongst 300 families and to the needy people in an around Rajiv Nagar. It also gave it to the staff, children and women working at Mera Parivar .
- Mera Parivar observed important days such as India's Independence Day and Republic day. The day is observed in remembrance of the leaders and their contribution to the country.

- Women's day - 350 + women participated for women's empowerment, Mera Parivar conducted programs and events on this day to mark the day and to send out messages of their struggle and call for equality.
- Every day, a mid day meal and snacks are provide to children in the informal school. Mera Parivar with the help of a large hotel chain distributes this mid day meal to encourage the children and also to help them in their physical and mental growth.
- Girl Child Day- Mera Parivar takes the issue of the girl child very seriously. The women empowerment begins from the girl child- equal treatment of girls with boys. A symbolic day for girls is also observed to give statement on the rights of the girl child.
- 14 November Children day celebrated more than 600 children participate for the child right
- Christmas celebration – Mera Parivar makes sure that message of Peace on Christmas reaches out to as many as possible in Gurgaon. Inviting people to Mera Parivar and celebrating Love and peace with sweets and 6 kg cake and special food to all Children sponsored by a large hotel chain in Gurgaon.



## Mera Parivar - Chart



**NERA PARIVAR**  
**RECEIPT AND PAYMENT ACCOUNT FOR THE YEAR ENDED MARCH 31, 2014**

RECEIPTS	AMOUNT (RS.)	PAYMENTS	AMOUNT (RS.)
Cash in Hand	73,872.00	<b>Fixed Assets:</b>	
Cash at Bank	8,887.94	Almirah	9,050.00
		Computer & accessories	28,790.00
		Fan	7,626.00
		Furniture & Fittings	66,025.00
<b>Donation and other Income</b>		Office Equipment	42,254.00
Bank Interest	8,500.00	Television	20,000.00
Beauty Fees	53,200.00		
Computer Fees	39,350.00	<b>Administration and Co-ordination expenses</b>	
Donation Receipts Naya Nagar	2,974,084.41	Advertisement Expenses	320.00
Donation Receipts Other	555,127.00	Audit Fee	10,000.00
Sewing Fee	65,202.00	Bank Charges	2,106.75
Smile Foundation	142,500.00	Computer Repair and Maintenance Expenses	12,235.00
School Education Income	211,003.00	Conveyance Expenses	90,866.00
		Electricity Expenses	31,203.00
		Medical Aid	12,955.00
		Office Maintenance Expenses	60,656.00
		Postage and Courier Expenses	1,395.00
		Printing and Stationary	31,447.00
		Professional fee	3,500.00
		Telephone & Internet Charges	69,284.00
		Website Development expenses	10,000.00
		<b>Child Welfare Program expenses</b>	
		Food for Children	223,313.00
		School Sponsor fee	222,470.00
		Student Welfare Expenses	11,101.00
		<b>Educational Program</b>	
		Design Expenses	3,140.00
		Honorarium for Programme Staff Personal	278,390.00
		Honorarium for Cooks, Cleaners	500.00
		Rental Expenses	61,050.00
		Salary of Tuition & Tutor Teachers	131,960.00
		School Education Centre Rent	66,665.00
		School Materials	2,555.00
		<b>Salaries, Honorarium and Personnel Expenses</b>	
		Salaries	623,444.00
		Staff welfare Expenses	15,684.00
		<b>Vocational Education expenses</b>	
		Beauty centre Expenses	18,847.00
		Rent for Beautician Centre	84,713.00
		Salary Beauty Teacher	106,500.00
		<b>Youth Development Program</b>	
		Rent for Informal Education	66,580.00
		Rent for Training Centre	246,333.00
		Salary Stitching	109,950.00
		School Children Uniform Expenses	38,371.00
		Sewing Centre Cleaning Expenses	17,732.00
		Sponsor Children Programme	42,142.00
		Training Centre Cleaner	14,000.00
		<b>Mission Education Programme Expenses</b>	
		Admin Expense( Repair & Maint)	4,500.00
		Conveyance Expenses	1,250.00
		Electricity Expenses	3,000.00
		Exposure Visit / Education Tour/ Excursion	2,498.00
		Health Check Up	6,000.00
		Postage & Telegrams	1,250.00
		Printing & Stationary	1,250.00
		Project Supervisor	15,000.00
		Repair & Maintenance	74,250.00
		Salary of Support Staff	10,500.00
		Salary Teacher	60,000.00
		Teaching Learning Material	10,800.00
		Telephone Expenses	3,000.00
		Uniform Mission Education	11,250.00
		<b>Organisational Programme</b>	
		Child Permutational Video Film Expenses	4,100.00
		Salary ID Project	320,900.00
		Womens Programme Welfare Expenses	16,200.00
		Advance for Plot	30,000.00
		Smile Foundation	71,250.00
		Cash-in-Hand	3,353.00
		Cash at Bank	586,222.60
	<b>4,131,726.35</b>		<b>4,131,726.35</b>

As per our report of even date  
annexed in Form 10B  
For A S N & COMPANY  
Chartered Accountants  
F.R.No. 022972N

For Nera Parivar

Managing Trustee *[Signature]*  
Nera Parivar  
Trustee

Place : New Delhi  
Date : 07/07/2014



*[Signature]*  
Shiv Shankar Khudania  
Partner  
M.No. 515601



  
**Mera Parivar**  
 Institute of Transformation



#267, Sector-14, Gurgaon,  
 Haryana - 122001  
 Phone : 9313037887  
 e-mail : [meraparivar@gmail.com](mailto:meraparivar@gmail.com)  
[www.meraparivar.org](http://www.meraparivar.org)