

Mera Pariwar Institute of Transformation





SUSTAINABLE DEVELOPMENT GOALS

Through its actions, Mera Parivar contributes to 9 Sustainable Development Goals:



NO POVERTY



QUALITY EDUCATION



DECENT WORK AND ECONOMIC GROWTH



ZERO HUNGER



GENDER EQUALITY



REDUCED INEQUALITIES



GOOD HEALTH AND WELL-BEING



CLEAN WATER AND SANITATION



PARTNERSHIPS FOR THE GOALS



FOREWORD

ANIL LANDGE

EXECUTIVE DIRECTOR

2019-20 has been a year of growth in many areas for Mera Parivar. In fact a covid-19 since Jauary 2020 bring new affords an opportunity to review and recast our vision of the future. It allows for new beginnings and lots of introspection. As you read this year's report, I hope you experience this growth and its processes that worked towards transforming the lives of children. A strong and vigorous planning process with over 45 stakholder partners enabled 12,881 children across North India go to school and stay in school, eat a nutritious meal, be healthy and happy, and get an opportunity



to play instead of going to work for a living. We were able to welcome new supporters and partners (and I wish them all the very best) who enabled change within communities and impacted the lives of children residing there. This kind of sustainable change has taken an effort of mind, will and muscle that defies quantification. A very key and significant focus of the year was an exercise to consolidate our identity. As an organisation we went through considerable reflection. We have not only reflected about our purpose; we have restructured the organisation in order to optimise our efforts and we have articulated a new brand positioning. To ensure our endurance, we have opened ourselves to many new ideas and are already experiencing them take root. From new channels of communication that enable us to interact more closely with you, to empowering our volunteers, partners, and every Mera Parivar friend and giving them the confidence to make change that stays within their areas of residence, to streamlining and optimising our internal processes for better efficiencies. Each of you made all this possible for Mera Parivar. Your support and encouragement continues to give us a reason to believe that change is possible. This year Mera Parivar I look forward to working together with you to spearhead new endeavours and initiatives that ensure lasting change for children.





REENA KUMAR

PROGRAMME DIRECTOR & CSR HEAD

In the context of the Mera Parivar , I look forward to serving as a voice for people living in poverty and adding value as a steward of the Programme and ensuring recognition for the work of Mera Parivar . I look forward to working with Mera Parivar teams around and I would like to thank all of our supporters, staff, volunteers and campaigners for their contributions. In particular, I thank Arancha & Pablo who did so much to consolidate our planning and governance into a single management system and to develop over the last 14 years at the helm of Mera Parivar. With the growth and the increase



in the number of affiliates, we have been able to campaign more vigorously and credibly than ever before on critical global issues. And by anchoring our work in the principles of sustainable development we are helping to enhance well-being for the years ahead.

It was a high point of a year that was particularly challenging, with growing global inequality and an unprecedented number of humanitarian crises. I invite you to reflect on the huge range of Mera Parivar activities, through its emergency response work, campaigning and development programs, to help people lift themselves out of poverty and find greater equality.

RAGINI CHOUDHARY

PROGRAMME IMPLEMENTOR MANAGER

The Sustainable Development Goals. We are deeply proud of all that we and our partners have achieved so far, and mindful of the great challenges that lie ahead.

To meet those challenges, we know we must be responsible to resources with which we have been entrusted. This report is intended to give you a clear and accurate picture of our ongoing efforts to carry out Mera Parivar work.



- Ensuring more children for education.
- Empowering the poorest, especially women and girls, to transform their lives.
- Inspiring people to take action to change the world.

We can ensure that as much of it as possible goes toward these people have the chance to live a healthy and productive life.

I am genuinely gratefully to my colleagues and the organisation for believing in me and enabling me to take responsibilities and to deliver people in best of my capacity.

ABOUT OF MERA PARIVAR

Mera Parivar is working towards empowering community through education and focus on gender equality. When we talk about gender equality, we think about only girls and working with girls and women to empower them, but it is also important to working with boys to their behavior change for gender equality. Every boy deserves an opportunity to study and practice gender equitable behavior and it is our responsibility to give that opportunity to understanding approach.

Depressed neighborhood of Gurgaon with a preponderance of migrant families who come to the city in search of work and who do not have the necessary resources to provide their children with a quality education and a balanced diet.

Families with little awareness of the value of education for their children and especially for girls. In India, there is still a belief in many families that it is more beneficial to send the boy to school, since they will stay in the family, while the girls, when they marry, will leave home. This reinforces the stereotype that the woman's place at home, taking care of the house and her children. The high rate of child marriage (14-17 years) in the community means that many girls lose the opportunity to continue in school and are forced to drop out at a young age.

Some boys and girls do not access education, not even public compulsory education (ages 6 to 14). Others do start but there is a high degree of failure and dropping out of school, preventing the training and qualification of these children, which could facilitate a better future.

- Integrate children in the educational system and support them to avoid dropping out of school and provide them with an adequate food supplement.
- Give children the training required to enter public school and complement the deficient training they provide to prevent dropping out of school.
- Make families aware of the value of early childhood education to get the necessary family support.
- Provide children with a dietary supplement appropriate to the needs of childhood.





The project offers extracurricular classes to reinforce the education children receive at government centers and also offers advice, information and awareness-raising actions to families to raise awareness of the importance of the education of their sons and daughters. All this with digitization and participation as pillars of the project. These classes are held at three centers in the area - Rajeev Nagar Center, Surat Nagar Center and Sheetla Colony Center - after school in the afternoon, 3 hours a day.

On the other hand, the collaboration carried out between the local NGO with which we developed the project and the educational and governmental institutions is essential, an alliance to work together and joining efforts to solve the existing problem.

In addition, the project emphasizes work to reduce the deep-rooted feeling of poverty that children who attend classes have. It is a work of reinforcement of self-esteem that the teaching team carries out with the students, seeking to counter the stigma with which they live for being without caste or for being a girl, among others. And avoid the Pygmalion effect on children - a self-fulfilling prophecy - repeating speeches that children internalize and that leads to failure. By decreasing this effect and changing their perception of themselves, educational actions will then have a greater effect on them.

- We also provide a food supplement appropriate to their needs.
- Promote the education of minors with special emphasis on girls.
- Promote digital education
- Promote children's participation and children's rights
- Community development through the education of future generations
- Raise awareness of the value of education to achieve a better future



EDUCATION ACTIVITY

- Reinforcement classes for three hours a day and food supplement, from Monday to Saturday after school hours.
- Playful training activities, through games, songs, performances, group discussion.
- Specific activities for girls: art, crafts, jewelry, sports, etc.
- Meeting with the parents of the students of the project.
- Once a month, meeting with the teachers.
- Motivational training for teachers. (April, June, September, December).
- · Monitoring of students who are absent or drop out of classes.
- Once a quarter, activities to encourage the participation of fathers and mothers.
- Once a quarter, meeting with other NGOs in the area. (April, June, September, December)
- Once a week, activities with children focused on developing empathy, selfconfidence and self-esteem.
- Twice a week, digitization and technology activities
- Monthly report (quantitative and qualitative) of the progress of the project.
- Semiannual evaluation.
- Final evaluation.







CORE VALUES

- 1. Transparency and accountability: Through our structure, policies and procedures, and in all our actions, we are transparent and accountable, answering to our partners, Through effective policies, procedures and structures we ensure to be open and accountable to our members and stakeholders
- 2. Do not harm: We are committed to ethical and responsible actions and activities in the service of communities and people. We deeply value and respect people's rights & human dignity.
- **3. Empowerment :** In all our actions we strive to develop people's capacity and confidence to increase the strength and empower Children, Youth, women, individuals and communities. We promote adaptive learning & innovation.
- **4. Equity:** We promote fairness in all our actions and commit to gender equity.
- **5. Impartiality:** We, in all our interactions, show no bias or prejudice against any particular person or group to work with everyone in need irrespective of cast, creed, religion or culture.

MISSION STATEMENT

Mera Parivar is committed to work towards empowerment and enablina communities. children, women, youths ,through education, building capacities and human resources to realise their full potential and self-reliance, which will give them the power to control their own lives and future. Mera Parivar will facilitate engagements of its stakeholders with NGOs and civil societies. individuals, private bodies, government agencies that influence their lives. Mera Parivar will work towards strengthening this engagement to create a platform of sharing knowledge and resources for mutual benefit and progress. The report's findings indicate that inequalities increases in India. The reports says that unequal access to opportunity and the lack of emphasis on education remains a persistent problem. In this scenario Mera Parivar is taking up project on human resource development of the youth, in attempt to make them employable and provide them a space for their career and growth. Mera Parivar has a youth center in Rajiv Nagar Guragon and Ashok Vihar Guragon . The center will encompass a comprehensive programs and Market oriented Job activities towards development of skills, learning for Job placement



COMMITTED ECOSYSTEM FOR THE CHILDREN EDUCATION



ECOSYSTEM IMPACT







17 Projects



46 Village



9 Programe



Skill Program



20 Govt. Schools



04 CSR Partners

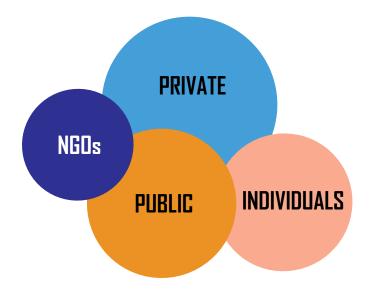


1450 Childrens



25 Partners





IMPACT INDICATORS AT THE END OF 2019-2020







Promoted to next level

Drop out from school or mirant to village



Sent to main stream













Number of Successful Placement of Youth: 46







Successful Entrepreneur

PROJECT RAISE

Understanding this approach we started Project Raise Programme in October 19, it was pilot programme. We have taken resources from Equal Community Foundation. Aim of the programme- Gender discrimination free community and boys need to realize the root cause of discrimination for contributing to a deconstruction of the current unequal power relationship between girls and boys.

Under this programme we identified 20 boys in the community and give training. We organized workshops and training. Every Saturday is workshop and time duration is two hours. In workshop we follow all curriculums in Hindi Medium and focused on discussion, activities. Trainer observed their mind set before joining the programme. We follow one module in one workshop. There are total 15 modules. All participants are interested to learning this approach and discussed with problems and their solutions, they also participate in all activity with interest. In every workshop we gave refreshment to all beneficiaries. It was behavior change programme. Project Raise Programme was very successful.



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We also provide a food supplement appropriate to their needs.

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Families with little awareness of the value of education for their children and especially for girls. In India, there is still a belief in many families that it is more beneficial to send the boy to school, since they will stay in the family, while the girls, when they marry, will leave home. This reinforces the stereotype that the woman's place at home, taking care of the house and her children. The high rate of child marriage (14-17 years) in the community means that many girls lose the opportunity to continue in school and are forced to drop out at a young age.

Some boys and girls do not access education, not even public compulsory education (ages 6 to 14). Others do start but there is a high degree of failure and dropping out of school, preventing the training and qualification of these children, which could facilitate a better future.



Empowerment of young people to access their rights as citizens and improve quality of their lives through initiative and entrepreneurship

Make available to young people finishing education the necessary support to orientate their lifes and develop a future for them and their families.

We consider very important not to abandone young people after they finish education and want to cover that gap

It is our strategy to empower young people so that they find and manage their own way forward. The slums should find representative youngsters who have the capacity to make profit out of additional training to support their colleges, detecting needs, prioritizing individual situations and promoting initiative and entrepreneurship among their colleges. These Youth should be formed by socially conscious, well prepared youngsters who are capable of leading their peers and of supporting them towards fulfillment of their initiatives. Therefore we select young people in the slums, identify potential leaders, train them in teamwork and give them the knowledge of their rights and legal conditions. And of course we support them in their function.

By doing this we would multiply the result of our efforts incorporating young people who can spread the system as much as possible. It is their action that counts.

Objective:

- Improve living conditions and expectations of young people from the slums.
- Empower groups of youngsters and qualify them to be able to identify their needs, define solutions, attract resources and manage implementation.
- Support these groups with knowledge, experience and conflict management, as well as with contacts to administration and other organisations.
- Complement financially the projects of the groups there where needed.
- Coordinate the different groups to have them working together to identify synergies and create a more powerful platform.



225



Complete certificate

187



Job placement

46



WOMEN EMPOWERMENT

(Promoting Gender Equality and Empower)

Women empowerment program to give economic independence to uneducated and unskilled women by letting them follow tailoring, beauty and design skill-building trainings. After completion of the classes, women can find a job and earn an income, thereby contributing with their part to the family's income, sharing household duties and children's care with their husband and taking down the discriminatory barriers that they have suffered during all this time.

We are working with underprivileged women who are unskilled and uneducated. They dedicated themselves to household duties and children's care. They are suffering discriminatory barriers and no right to taking any decision and family saving in their family. They are staying always subordinate of their husband.

We are empowering the women to giving skill building training sewing, beauty parlour and design. After completion the course they find a good job and help to make an economic independence. If they have a job, they have a power to decide family saving and decision making. We are focusing women at individual level because if they make self dependent and empower, they can involve in community work.

Number of women train: 145 Successful enterprenur: 22



CSR ACTIVITY



CHILDREN SUMMER CAMP

M3M foundation will organised Summer camp with local partner MeraParivar NGO for 100 underprivileged Children from three slum Sheetla colony, Suart Nagar and Rajeev Nagar Gurgaon and 15 volunteers to look after Children event main focus is to give these needy children fun time to enjoy and explore possibility of creativity to learn for future and motivate them to go to school.

Summer camp is important because it offers a structured opportunity for children to grow. Kids go from home to school to extracurricular, with each environment contributing to their development. Summer camp, then, is another unique venue for growth, allowing kids to become independent and self-confident, while socializing and making new friends, and even learning new skills.





YASHKAWA

Yaskawa CSR Initiative with MeraParivar NGO





The Yaskawa, as business unit, values and believe it, in the same breath, that Business has a responsibility beyond its basic responsibility to its stake holder and i.e. the people of the communities in which it operates. We know that it is in our best interest to contribute to the sustainability of these communities in which we strive to live. The concept of helping poor and underprivileged has been the core values of Indianess since time immemorial. The teaching of Guru Nanak Dev ji is paramount here and it being - 1. NaamJapna (focus of God), 2. KiratKarni (honest living) and 3. VandChakna (sharing with others).

With this commitment, Yaskawa President Mr. Akinori Urakawa – President & CEO is continuously keeping its social responsibility on top of its priorities. The journey catapulted in 2017 under the name "PRAYAS". Under this mission "PRAYAS", Yaskawa has undertaken many activities such as providing basic amenities to needy students, distributing clothes and stationery items to under privileged school children.

Recently on dated 28/01/2020, atGovernment High School, Mushaidpur, Gurgaon. The Inauguration ceremony attended by the delegates of YASKAWA headed by the president and CEO of Yaskawa India, Mr. Akinori Urakawa who inaugurated the "LIBRARY SET UP" with Mr. Mr. Ajay Gurjar, Dy. COO & Operation Head, Mr. Harish B S—Dy. COO-HR & GA, Mr. Sanjay Tiwari — Dy. COO — Finance & BS & team . Yaskawa also provide "Washroom set up" for 180 students, in High School, Mushaidpur, Gurgaon.

Yaskawa also supported for Women Empowerment in 2018-19, by providing support in setting up "School of Fashion Designing". Yaskawa provided stitching machines, necessary designing software and human resources to newly developed school of fashion designing. Company continuously strives to implement its project PRAYAS across the length & breadth of the country - Pune, Chennai, Gurugram, Bangalore etc.

We are not only concerned about supporting under privileged but also value the environment equally. In this regard, 2018-19 Yaskawa donated "Solar Panel" to a rural school along with "sitting arrangement for 350 children", in western geography of country. In days ahead, Yaskawa will keep on focusing on its responsibilities towards the society and community under the initiative "PRAYAS" for a better India, better world.



MISTIBUSHI

Clean and Safe Drinking Water Project in Government School Gurugram & Faridabad





Mitsubishi has imitative on clean and safe drinking water project with partnership of local NGO MeraParivar. It implemented to government school in rural area of Gurugram & Faridabad.

We did intervention in all schools. After intervention we found that 6 schools was pathetic condition on clean and safe drinking water. Children studying in government school especially in rural parts often do not access to clean and safe drinking water. This is resulting in many school children often falling sick and affects children's health such as vomiting, diarrhea, skin rash etc. Children do not drink enough during the school day and resulting dehydration contributes to continent problems.

Looking this situation Mitsubishi installed water cooler and RO in six government school.

This project is the objective of providing to clean and safe drinking water to government school children.

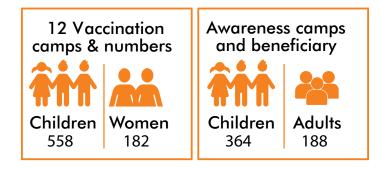
Details of six school information where water cooler and RO installed.



MEDICAL PROJECT

Mera Parivar clinic is designed in a way which allows the functioning of clinical interventions and medication intense awareness among women and girls, so that interventions and generates intense awareness among women and girls, so that affirmative, health-promoting behaviors are adopted. Through community participation tools like workshops, trainings on various health components and other outreach initiatives. the programme lets young mothers and girls know about importance of health, vaccination, epidemic education, decisionfor spacing child. Home visits, community meetings and street plays for community mobilization are essential components of the programme. An information centre has

also developed been where deliberation of the programme and information centre has also developed been where deliberation of contentious and sensitive issues is addressed i.e dengu, marlaria, nutrition diet, hand wash, good touch bad touch. This centre acts as a depot for provision of information on government schemes Asha, distribution of family planning methods, etc.







We aim at providing curbing food waste and its reuse. We collect surplus food left at occasions and cooperate offices and distribute it to the Hunger Spots identified in Delhi NCR.

We strive not only to provide food but nutrition and create choices over daalchawal for the ones who cannot have choices to make

Dishant, CEO

Meraparivar Food bank has been actively involved in drafting the surplus food collection security act. And in being the panel on the combating the food wastage and the rescue of surplus food.

under our food bank initiative has dedicated itself solely to provide food security to the most vulnerable sections of the society who lost their livelihood due to pandemic. Our food bank has been serving cooked meals and raw food to the community since the first day of lockdown. we partnered with Britannia, cinepool, Zomato to deliver us the non- perishables good that can be distributed to the community. we distributed masks and essential items packets to families in Delhi-NCR.



During the lockdown we also updated the Secretary to the president of india about our works. We were also invited by the NITI Ayog to give suggesting in combating the difficult time of COVID. And further the Union Home Ministry assured us support and guidance to work delivering the people with goods. The Faith government entrust in civil society organization help us to move forward in the right direction.

Rishabh Joshua, COO

Our mission that 'nobody goes hungry to bed' was tested in these difficult times of the pandemic. And I can say with deepest satisfaction that were successful in reaching out to those really needed to fill their stomach with food. The Union, state and local government were very supportive in helping us reaching out to the people.

we were awarded by Union Health Minister Dr. Harshvardhan for our unceasing work in the field of curbing foodwastage and managing the surplus food.

We were awarded for enthuasctic Participaton in Swasth Bharat Yatra by Union
Health Minister for state Ashwini kumar choubey organized by the government of India on the curbing food wastage and awareness.

Elan Pro donated two deep freezers to Mera Parivar for the effective management and storage of the surplus food .

I can surely now say no prize can match the satisfaction a smile can offer to you.



To end hunger by organizing food, information and support for community survival, empowerment, and dignity. MeraParivar Food Bank Food Bank For Gurgaon Delhi has been working to end food poverty in our city for over 6 years. As the city's largest hunger-relief organization, we employ a multifaceted approach centered on helping low-income Delhi NCR overcome their circumstances and achieve greater independence.

Network:

Our work begins and ends with our mission to end hunger, which we only achieve through partnering with our citywide member network.

Innovation:

We embrace being a non-traditional anti-poverty organization because we recognize that strategic, innovative approaches are necessary to end hunger.

Stewardship:

We respect every gift of time, talent, and treasure to our mission by committing to a practice of transparency and excellence in stewardship.



We fight hunger by gathering and distributing food, engaging in partnerships that advance self-sufficiency, and by providing community leadership on issues related to hunger

We are dedicated to end hunger in Delhi NCR. We provide food to more than 10 agencies in Delhi NCR and serve over 3,000 people each month totaling over 75 ton of food served in fiscal year 2019-20 Rice, Pluses, Oil, Vegetable, Fruits, Bakery Items & Others.

TYPE OF FOOD WE COLLECT

Raw Material



Rice 12000 kg



Dal 1500 kg



Rajma 728 kg



Atta 4500 kg



Cooked food from hotel / corporate



Cook food 547500 meal



31025 pcs



800 KG



1400 pcs

Bakery Items: 680 kg every quater



Cookies



Namkeen



Cake

Fruits: 29200 kg every quater



Banana



Mango



Apple



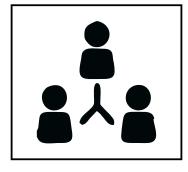
Other

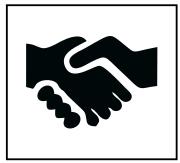
Green Vegetables: 55300 kg every quater



No. meals provided: 547500+ meal

Partner of food project









07CORPORATE

15 ORGANIZATION

90 INDIVIDUAL

14Wedding parties
Birthday/kitty parties









PICTURE GALLERY





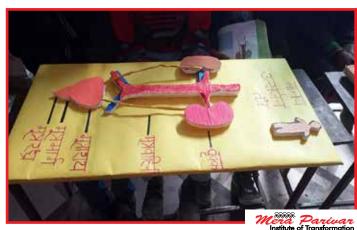




























































PARTNERS































250 students CSR project work



GD Goenka School
10 students



2 MSW student for two month field job



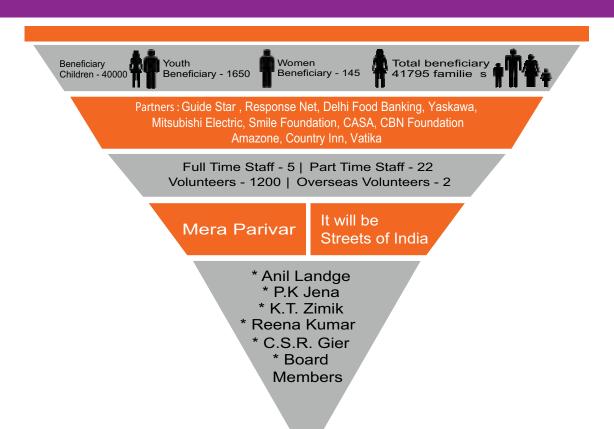
2 student

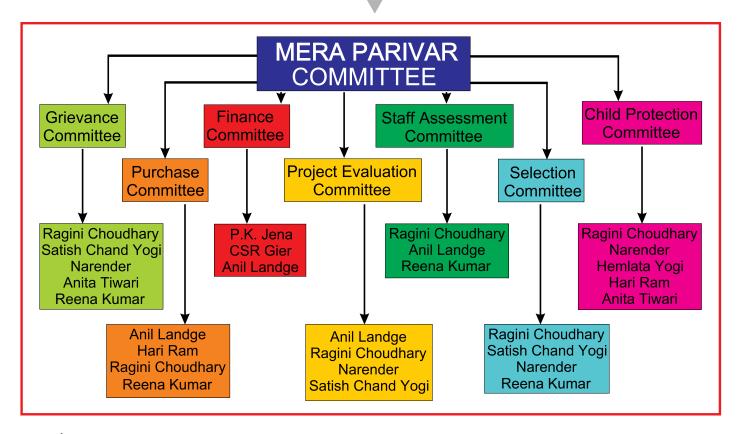


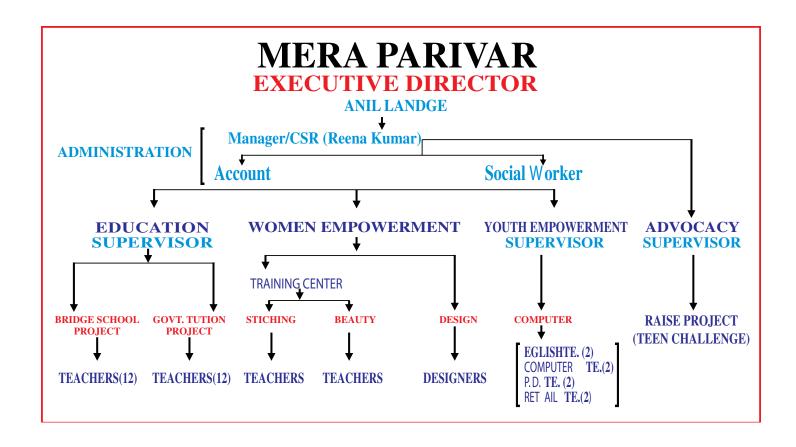
Shree Ram International 3 students



ORGANIZATIONAL STRUCTURE







MERA PARIVAR DETAILS

Date of registration : 15November 2006

FCRA Registration : 172270073 PAN NUMBER : AABTM7870P

12 A Registration : DIT(E) 12A/2008-09/M-1671/1499 80G Registration : DIT(E) /2008-09/m-1671/3021

Dated 02/01/2009 which was valid up to 31/3/2010 and also valid from

01/04/2010 onward till it is rescinded

Chief Functionary : Anil Landge Bank Detail FCRA : Mera Parivar

AXIS Bank A/C 912010044237762

FISC CODE; UTIB0000056 SWIFT CODE; AXISINBB056

Bank Detail Saving : Mera Parivar

AXIS Bank A/C 910010007505280

FISC CODE; UTIB0000056 SWIFT CODE; AXISINBB056











Mera Pariwar Institute of Transformation

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